Slow Regeneration: Revitalization of inner-city districts in the post-growth megacity with small-scale, incremental interventions

スローリジェネレーション：脱成長期の大都市インナーシティを再生する小規模漸進的な取り組み

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【概要／Summary】

Tokyo is in redevelopment boom since around the millennium. Especially in major transportation hubs, many mixed-use developments are creating more offices, shopping centers, and hotels and even in the covid pandemic most of such projects are on-going. Behind the boom, however, many of inner-city areas are struggling with aging population and stagnant urban regeneration. Inner-city problems in a post-growth era are akin to a slowly progressive lifestyle disease and it is natural for the cities to get such disease, when they get old. And, as everyone knows, there is no "magic bullet" against lifestyle diseases. Nor can major surgery completely cure it.

There are varieties of ways to regenerate cities. Large-scale redevelopment in a major train hub is like major surgery and it may not be the best solution for the weakened body of a stagnating inner-city. Instead, there are many other more suitable options. Smaller "petit-surgeries" and other, more holistic "medical" procedures may be interventions more akin to acupuncture or even qigong than to major hospitalization.

In this lecture, I will introduce an incremental and human-scale regeneration case of struggling aging part of Tokyo and would try to extract the essence of successful "slow- regeneration" in the inner-areas of the post-growth megacity.

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He completed his undergraduate studies at Waseda University and worked for several ICT companies. After six years of job experience as an investment manager being in charge of M&A of high-tech startups, he returned to the Graduate School of

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His research interests lie at the crossroads of interdisciplinary research between urban planning and social sciences. Current research projects and interests of him relate to creative industry clusters in Tokyo (ICT, animation, apparel design, etc.), business location theories, knowledge-city policies, inner city problems and revitalization, urban structural transformation of the Tokyo Metro Area, walkable / runnable neighborhood, etc.